

HONOURS BACHELOR OF APPLIED PSYCHOLOGY (HBAP)

Turn your ability to lend a compassionate, listening ear into a career where your commitment to helping others is front and centre

If you have an interest in understanding the behaviours of others, have an investigative nature, excel in social situations, and care deeply about the well-being of others, then a rewarding career in psychology may be for you!

Through a trauma-informed approach to care, you will gain knowledge and skills in psychology over the course of four years to support individuals from diverse backgrounds and improve socially important behaviour, including addictions, health, education, psychological disorders, traumatic injuries, and the treatment of prevalent developmental disabilities.

This unique program allows you the ability to specialize in therapeutic practices, behavioural sciences, or pursue a general degree in applied psychology in your second year. Included are opportunities for a fully paid internship, applied research, preparation for graduate studies, and applying your training in community settings.

As a graduate, you will be able to pursue graduate studies in various Psychology programs (e.g., Applied Psychology, clinical/Counselling Psychology, Educational Psychology), Applied Disability Studies, or Applied Behavioural Analysis.

Program highlights

- Only program of its kind in Ontario to offer three streams of specialization
- Complete your degree as a psychology generalist or specialize in either therapeutic practices or behavioural sciences
- Opportunity for a paid internship
- Gain hands-on, practical work experience throughout the program
- Opportunity to complete a thesis or major paper to prepare for further research and graduate programs
- Focus on diversity and inclusion to provide culturally sensitive care to Indigenous communities and special populations

Program of study for 2025-26 Academic Year

First Year		Credits
Semester 1		
PSY 1107	Principles of Psychology I	3
PSY 1108	Human Development I	3
PSY 1109	Intro Practice and Self Care	3
EDI 1100	Equity Diversity Inclusion	3
ENG 1108	Critical Information Literacy	3
Credits		15
Semester 2		
PSY 1201	Models of Couns Practice	3
PSY 1205	Intro to ABA	3
PSY 1206	Principles of Psychology II	3
PSY 1208	Intro to Trauma and Behaviour	3

SCI 1201	Human Sexuality	3
Credits		15
Second Year		
Semester 3		
EDI 2301	Dimension of Social Inequality	3
PSY 2304	Motivation	3
PSY 2305	Research Methods	3
PSY 2307	Counselling Ethics	3
One Degree Breadth Elective Course. ¹		3
Credits		15
Semester 4		
MTH 2404	Statistics I	3
PSY 2401	Biological Psychology	3
PSY 2404	Trauma Informed Practices	3
One Degree Breadth Elective Course. ¹		3
One course from Group A or B.		3
Credits		15
Third Year		
Semester 5		
IND 3501	Indigenous Healing	3
PSY 3503	Observation and Documentation	3
PSY 3505	Social Psychology	3
One Degree Breadth Elective Course. ¹		3
One course from Group A.		3
Credits		15
Semester 6		
PSY 3602	Psychological Assessment	3
PSY 3605	Personality	3
PSY 3603	Placement Seminar	3
One course from Group B.		3
MTH 3604	Statistics II	3
(OR One Degree Breadth for Research Paper Stream) ¹		
Credits		15
Semester 7		
PSY 3701	Internship	12
Credits		12
Fourth Year		
Semester 8		
PSY 4806	Cognition and the Brain	3
EDI 4801	Inclusive Practice Topics	3
One Degree Breadth Elective Course. ¹		3
One course from Group A or B.		3
PSY 4801	Thesis I	3
(OR Degree Breadth Elective Course for students taking the Major Research Paper in Semester 9) ¹		
Credits		15
Semester 9		
COM 4906	Interprofessional Collaborations	3
PSY 4902	Psychopharm	3
One course from Group A or B.		3
One Degree Breadth. ¹		3
PSY 4901	Thesis II	3

(OR PSY 4904 Major Research Paper)	
Credits	15
Total Credits	132

Majors

During the degree program, students will be exposed to general Psychology education through core courses, knowledge in other domains through non-core degree breadth courses, and specialized majors in a chosen discipline.

1. General Psychology

In the Bachelor of Applied Psychology program (HBAP), students will learn about the history and main theoretical approaches to the broader field of psychology. Through the selection of courses from the HBAP Group A and Group B lists, students can deepen their understanding of behavioural sciences and therapeutic practices to prepare them as graduates with well-rounded knowledge and skills in the field of applied psychology.

Students wishing to graduate with a General Psychology degree without a major can select electives from any of the areas listed above to develop a more rounded skill set.

Note: Some courses have required pre-requisites. Please plan accordingly.

Code	Title	Credits
GROUP A		
PSY 2308	ABA Concepts and Principles	3
PSY 2309	Autism and Developmental Disabilities	3
PSY 2409	ABA Measure and Experimental Design	3
PSY 3507	Dual Diagnosis	3
PSY 3508	ABA Assessment	3
PSY 3606	ABA Behavioural Change Procedure	3
PSY 4807	Compassionate Care in ABA	3
PSY 4905	Applications of ABA	3
GROUP B		
PSY 2310	Models of Counselling Practice II	3
PSY 2408	Mental Health and Addictions	3
PSY 3607	Counselling for Couples/Groups	3
PSY 3509	Grief and Loss	3
PSY 4808	Trauma-Informed Interventions	3
PSY 4903	Trauma In Organizations	3

2. Behavioural Science

Students wishing to graduate with a major in the Behavioural Science Stream will note the following changes in delivery:

Honours Bachelor of Applied Psychology	General Stream	Behavioural Science Stream
SEM 3	EDI 2301 Dimensions of Social Inequity	PSY 2308 ABA: Concepts and Principles
	Degree Breadth	PSY 2309 Autism and Develop. Disabilities
SEM 4	Select 1 course from Group A or B	PSY 2403 Ethics and Behavioural Analysis

Honours Bachelor of Applied Psychology	Degree Breadth	Therapeutic Practices Stream
SEM 5	Select 1 course from Group A	PSY 2409 ABA: Measurement and Experimental Design
	Degree Breadth	PSY 3507 Dual Diagnosis
		PSY 3508 ABA: Assessment and Intervention
SEM 6	Select 1 course from Group B	PSY 3606 ABA: Behavioural Change Procedure
SEM 8	Select 1 course from Group A or B	PSY 4807 Compassionate Care in ABA
SEM 9	Select 1 course from Group A or B	PSY 4905 Applications of ABA

3. Therapeutic Practices

Students wishing to graduate with a major in the Therapeutic Practices Stream will note the following changes in delivery:

Honours Bachelor of Applied Psychology	General Stream	Therapeutic Practices Stream
SEM 3	Degree Breadth	PSY 2310 Models of Counselling Practice II
SEM 4	Select 1 course from Group A or B	PSY 2408 Mental Health and Addictions
SEM 5	Select 1 course from Group A	PSY 3509 Greif and Loss
SEM 6	Select 1 course from Group B	PSY 3607 Counselling for Couples and Groups
SEM 8	Select 1 course from Group A or B	PSY 4808 Trauma-Informed Interventions
SEM 9	Select 1 course from Group A or B	PSY 4903 Trauma in Organizations

Admission requirements

To be eligible to enter the Honours Bachelor of Applied Psychology program, graduates of the Ontario Secondary School Diploma (OSS: 30 credits) or equivalent or mature student status must complete at least six grade 12 U/M courses with a minimum overall average of 65% and must qualify to obtain their OSSD.

Ontario High School applicants require the following Grade 12 credits:

- Any grade 12 English (U) (minimum 60%)
- Any 5 additional grade 12 courses (U) or (M)

Applicants with previous post-secondary education will be assessed on an individual basis in accordance with College and PEQAB guidelines/policies for advanced standing.

Additional admission requirements

Applicants with transcripts from institutions where the language of instruction is not English must demonstrate English language proficiency with a minimum test score on one of the following language proficiency tests or equivalent scores from another internationally recognized English language test:

- IELTS overall band of 6.5 with no band less than 6.0
- TOEFL iBT 88, paper-based test 570
- CAEL 70, no sub-test band score less than 60
- PTE Academic 61

Note:

To participate in the Internship, students will need Synergy Basic clearance including: First Aid, CPR C, CPIC Vulnerable Sector Check, WHIMIS, AODA, Workplace Health & Safety, Workplace Violence & Prevention, and a WSIB Student Agreement.

Additional medical clearance may be required for some placement sites which support vulnerable populations, including: MMR, TB Step 1 and 2, Varicella, Tetanus/ Diphtheria (Td), Pertussis, Polio, and Hepatitis B.

Program delivery**2025-2026****Fall term start****Year 1**

SEMESTER 1: Fall 2025
SEMESTER 2: Winter 2026

Year 2

SEMESTER 3: Fall 2026
SEMESTER 4: Winter 2027

Year 3

SEMESTER 5: Fall 2027
SEMESTER 6: Winter 2028
SEMESTER 7: Spring 2028 (Internship)

Year 4

SEMESTER 8: Fall 2028
SEMESTER 9: Winter 2029

Specific program pathways

Pathways for graduates from Cambrian's Child and Youth Care, Social Services Worker, Social Services Worker – Indigenous Specialization and Developmental Services Worker programs are currently being developed. Please email CIPS@CambrianCollege.ca for further details.

Employment opportunities

Practitioner in:

- Community and social agencies
- Education settings
- Therapeutic services
- Research settings
- Health care and mental health services

Graduates can also pursue graduate studies.