COMMUNITY AND HEALTH SERVICES NAVIGATION (CHSN)

Ontario College Graduate Certificate | 3 semesters | Barrydowne

Navigators assist people in accessing a variety of supports across the lifespan, including, but not limited to, mental health support, legal support, health care and financial support. Support is often required during transitional points of care, such as youth transitioning to adult services or an older adult preparing to enter long-term care. Accessing services and transitioning between types of care can be complicated and frustrating. Navigators, also referred to as care coordinators or case managers, serve as a guide to help people obtain the help they need.

As a student in the program, you will build expertise in how to locate resources within your community as well as provincially. You’ll have the opportunity to network with a multitude of guest speakers across a variety of sectors to help you build connections with professionals in the field.

You will also gain the skills to be an effective and compassionate listener to help people in dealing with frustrations they may encounter throughout their journey. You’ll also learn how to provide brief interventions such as motivational interviewing to support individuals as they wait to receive the services they require.

Students with backgrounds in the helping profession may choose to complete the program to enhance their expertise. Fast-track options may be available through the Prior Learning Assessment and Recognition (PLAR) and/or via Advanced Standing for students with related work experience or a related diploma/degree.

Program Highlights

• 9-month post-graduate certificate
  • Students must have a minimum 2-year diploma or degree to be eligible
  • 6-week unpaid placement to apply learning
  • Students currently working in a helping profession may be eligible to apply to complete a capstone project within their work environment

• Flexible delivery: complete entire program online (either by joining the class virtually in real-time or viewing the class afterwards) or switch at your leisure between online and in-class delivery options. Click here for more details about HyFlex delivery (p. 1)

• Students will learn how to work with people using a person-centred, strength-based approach

• Simulation and role-play exercises will provide practical, hands-on experience

• Naturally enhance your resume with certification in:
  • Non-violent crisis intervention (de-escalation strategies)
  • safeTALK (suicide alertness training)
  • Mental Health First Aid

Quick Links

How to Apply (http://cambriancollege.ca/apply)

Community Services (http://cambriancollege.ca/field-of-study/community-services)

Admission Requirement

Graduate of a recognized two- or three-year postsecondary program.

Applicants whose first language is not English must provide proof of English proficiency. Cambrian College accepts the TOEFL, or IELTS, or equivalent test to satisfy our English admission requirements.

Placement Requirements

• Criminal record check with vulnerable sector screening (typically valid within the past 12 months but some agencies may require it as recent as 1 month)
  • Students with a positive criminal record check may be refused placement

Depending on the agency, additional requirements may include:

• Standard First Aid and CPR
• Record of up-to-date immunizations
• Influenza shot
• Two-step TB test
• Respiratory Mask Fit Test

APPLY NOW! (http://ontariocolleges.ca/apply)

Program Delivery

2019-2020

This program will be delivered in the following terms:

Fall Term Start
1. SEMESTER 1 Fall 2019
2. SEMESTER 2 Winter 2020
3. SEMESTER 3 Spring 2020

Delivery Format

At Cambrian College, HyFlex delivery of courses and programs refers to student choice about how they experience lectures, content, and activities. In a HyFlex course, a student can choose to learn using a variety of delivery modes as follows:

• Live, in-person – face-to-face classroom attendance occurs at the regularly scheduled time for lecture and activities
• Live, virtual (synchronous) lecture – attendance occurs through use of a computer or mobile device and web conferencing (webcast) software during live lecture and discussion activities
Community and Health Services Navigation (CHSN)

- Asynchronous review – students can review the recorded lecture (at a later time of their choosing after the lecture has been captured)
- Fully online asynchronous participation – students choose to work independently of live lectures throughout the course*

Faculty members will provide a common Moodle course shell for all students (no matter what delivery mode a student selects).

HyFlex courses take place during regular Cambrian College terms (fall, winter, or summer). Students and faculty members in HyFlex courses are subject to the same Cambrian College academic policies, expectations, and deadlines, as all Cambrian College courses. Evaluation expectations and policies will be communicated by faculty members at the start of each course.

* Important Note for International Students:

Given existing policies related to the issuing of study permits, International Students must verify the impact of online delivery on their study permits.

For specific term start/end dates and other key dates/deadlines, please see the Academic Schedule (http://cambriancollege.ca/apply/how-to-apply/academic-schedule) posted on our website.

### Program of Study

#### Semester 1

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<tr>
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<th>Course Title</th>
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<td>Navigator Fundamentals</td>
<td>3</td>
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<tr>
<td>SYS 1005</td>
<td>Systems Navigation</td>
<td>3</td>
</tr>
<tr>
<td>HEA 1023</td>
<td>Social Determinants of Health</td>
<td>3</td>
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<td>HEA 1029</td>
<td>Health and Wellness</td>
<td>3</td>
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<td>COM 1003</td>
<td>Interp Comm. and Conflict Res.</td>
<td>3</td>
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<td>HEA 1062</td>
<td>Ind Perspectives on Care</td>
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**Credits:** 18

#### Semester 2

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<td>PSY 1003</td>
<td>Concurrent Disorders, Mental Health &amp; Addictions</td>
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<td>GER 2310</td>
<td>Dementia</td>
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**Credits:** 15

#### Semester 3

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**Credits:** 6

**Total Credits:** 39

This program includes a 6-week unpaid placement or a capstone project (pending special permission) in the final semester. When possible, students will be placed within the sector and location of their choosing.

### Books & Supplies

The cost of books and supplies for Year 1 is approximately $200. This is the best information available at the time of publishing to the website and is subject to change.

### Employment Opportunities

Navigators are becoming in higher demand across multiple, diverse sectors.

Depending on one's original degree or diploma, graduates have a variety of employment opportunities to work within, including, but not limited to:

- Mental health and/or addictions sectors (e.g., peer support navigator, youth transition navigator)
- Health care sector (e.g., post-stroke navigator, cancer care navigator)
- Justice sector (e.g., family navigator)
- Developmental sector
- Government funded, private and non-profit agencies across sectors
- Sectors serving a variety of populations across the life span including children, youth, adults and/or older adults
- Positions for care coordinators and/or case managers

### Contacts

**Melanie Lefebvre**  
Program Coordinator  
705-566-8101, ext 6837  
melanie.lefebvre@cambriancollege.ca

### Fees

#### Tuition and Ancillary Fees

Please see our fees page (http://cambriancollege.ca/fees) for the breakdown of tuition and mandatory ancillary fees by program and semester for both domestic and international students.